



Emotionally Intelligent Parenting

A six session parenting program

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?



'Tuning in to Kids' shows you how to help your child develop *emotional intelligence*.

Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses



Emotional intelligence may be a better predictor of academic and career success than IQ!

Where: Preston School, Monks Dale. Yeovil **When:** June 10th, 17th, 24th, July 1st, 8th 15th

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