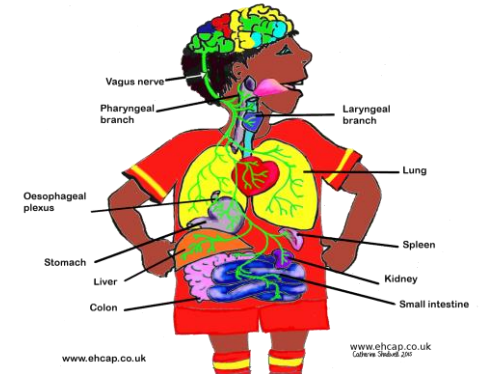


What 2017 brings us

- Public Health Funding extended until end December 2017
- 20 Emotion Coaching Facilitators are being recruited – we need more teachers!!
- On line resources www.mindfulemotioncoaching.co.uk
- Collaboration with CAMHS



Somerset Emotion Coaching Project 2017

REQUIRED

Senior Management Team (SMT) involvement both in terms of supporting and also collecting data.

Safeguarding Training- access to online adult and children safeguarding modules through SCC

MARCH 2017

On line personalised Tracking Form for Trainers to be completed. Sign up process to be initiated

[Tracking Form](#)

County Meeting

Mix of training and networking
24th May

www.ehcap.co.uk/booking-forms

County Meeting

Mix of training and networking
21st November

www.ehcap.co.uk/booking-forms

Support – Sarah and Karen

- on line group and one to one coaching- minimum 2 sessions
- Minimum one meeting at organisation (data collection)
- Help with Web Page for Project
- **EITHER** John Gottman Lectures Log In
- **OR** contribution toward Tuning in to Kids/ Teens Manual
- Or other agreed with EHCAP

Jan 2017

Time Line

Dec 2017

Mapping Meeting
Feb 8th
Street

Formalise Project

- Agree expectations both of champions and of EHCAP
- Consider how to monitor training ? Video
- Consider how to collate materials ? Web Pages? Strode College to help
- Agree Review Meeting dates with Commissioners

REQUIRED

- To cascade training into own organisation or other at least three times
- To develop own training powerpoints
- To regularly update personalised tracker
- To take part in data collection (scheme to be decided)

SOMERSET EMOTION COACHING PROJECT



Confidence and Experience

Able to train mixed groups of parents and staff both within own organisations and in other organisations (For some this will include training staff working with specialist groups eg Youth Offending and Young Parents) in Mindful Emotion Coaching for one hour, half day, whole day and follow up.

Able to offer support to champions

Able to update webpage and post on Facebook

Contact Us

[2017 recruits so far – not set in stone!](#)

www.mindfulemotioncoaching.co.uk

www.emotioncoachingsomerset.co.uk

THANK YOU for joining us

