



Tuning in to Kids Parenting Group

A free 6 week course for parents and carers of children aged 4-11.

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Dates: Wednesday January 31st, February 7th, 21st, 28th, March 7th, 14th.

(Please note there will be no meeting during half term)

Time: 9.30a.m. - 12.noon

Venue: The Family Room, Clare House, Chard

For more information on this course and to book your place, please contact Parent & Family Support Advisers,

Jane Czerniak 07818580632

Or Emma Connolly 07825357613

